

Athletics Norfolk Road Race Fixture List 2023

January	2	Wymondham Not New Year's Day 10k		www.wymondhamac.org.uk
February	1	Athletics Norfolk Road Running Committee meeting & AGM		www.athleticsnorfolk.org.uk
	5	Reedham Ten	SGP / CC	www.gydac.co.uk
	12	Valentine's 10k	SGC	www.norfolkgazelles.co.uk
March	5	Mike Groves 10k	SGC	www.coltishalljaguars.co.uk
	26	Wymondham 20m	SGC	www.wymondhamac.org.uk
April	9	The Easter Sunday Trowse 10k	SGC	www.conac.org.uk
	19	Great Yarmouth 5m Series - race 1		www.gyrr.co.uk
	23	London Marathon		www.tcslondonmarathon.com
May	1	Breckland 10k		www.thetford-ac.co.uk
	3	Great Yarmouth 5m Series - race 2		www.gyrr.co.uk
	7	Waveney Spring Triathlon		www.tri-anglia.co.uk
	7	Aylsham 10K	SGC	www.aylshamrunners.co.uk
	14	Dereham 10m	SGC	www.derehamrunners.co.uk
	17	Great Yarmouth 5m Series - race 3		www.gyrr.co.uk
	28	Holt 10k		www.nnbr.co.uk
June	7	Athletics Norfolk Road Running Committee meeting		www.athleticsnorfolk.org.uk
	11	Alex Moore Relay		www.norfolkgazelles.co.uk
	16	Lotus Test Track 5k & 10k	SGP	www.harlingac.com
	25	Norwich Triathlon		www.tri-anglia.co.uk
July	2	Humpty Dumpty 10K	SGP / CC	www.gydac.co.uk
	5	Wroxham 5k	SGP / CC	www.norwichroadrunners.co.uk
	28	Worstead 5m	SGP	www.nnbr.co.uk
August	4	Reepham Summer 10k		http://www.reephamrunners.co.uk/
	11	Dinosaur Dash 5k		www.norwichroadrunners.co.uk
	13	Great Yarmouth Half Marathon	SGP / CC	www.gyrr.co.uk
	20	Dereham 5k	SGP	www.derehamrunners.co.uk
September	3	Harling 10k		www.harlingac.com/
	3	Wissey Half Marathon		www.rystonrunners.org.uk
	10	Beat the Jaguar 5k		www.coltishalljaguars.co.uk
	16-17	Round Norfolk Relay		www.roundnorfolkrelay.com
	24	Bure Valley 10m	SGP	www.burevalleyharriers.com
October	1	Norfolk Gazelles Championship Relay		www.norfolkgazelles.co.uk
	4	Athletics Norfolk Road Running Committee meeting		www.athleticsnorfolk.org.uk
	8	Marriott's Way 10k		www.southnorfolkandbroadland.gov.uk
November	5	East Coast 10k		www.gyrr.co.uk
	5	Chase the Train		www.nnbr.co.uk
	tb	Sportlink Grand Prix Series Presentation Evening - A Night of Celebrations		
	19	EAMA 10K		www.southnorfolkandbroadland.gov.uk
	26	Runners-next-the-Sea 5 Mile Beach Run		www.rnts.co.uk

CC = Norfolk County Championship race

SGP = Sportlink Grand Prix Series race

Updated 3 February 2023